

Wettkampf 5 - 400m ST Damen

DR: 03:08,72 - Sandra Pilz (SC DHfK Leipzig) am 30.07.2010 in Kazan

DJR 0 bis 17 J. (2022-2005): 03:10,78 - Carolin Stut (TSC Rostock 1957) am 02.08.2005 in Ostroowiec

Länderpokal Damen

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Emilie-Nohra May	2004	Berlin	03:35,73	50
	<i>100m: 00:47,57 (00:47,57) 200m: 01:42,14 (00:54,57) 300m: 02:39,48 (00:57,34) 400m: 03:35,73 (00:56,25)</i>				
2.	Theresa Köhn	2000	Baden-Württemberg	03:47,53	46
	<i>100m: 00:51,77 (00:51,77) 200m: 01:48,48 (00:56,71) 300m: 02:49,08 (01:00,60) 400m: 03:47,53 (00:58,45)</i>				
3.	Nadja Barthel	2004	Sachsen	03:48,86	42
	<i>100m: 00:50,03 (00:50,03) 200m: 01:48,08 (00:58,05) 300m: 02:49,78 (01:01,70) 400m: 03:48,86 (00:59,08)</i>				
4.	Anika Hasse	1988	Brandenburg	03:56,64	39
	<i>100m: 00:52,84 (00:52,84) 200m: 01:53,30 (01:00,46) 300m: 02:54,95 (01:01,65) 400m: 03:56,64 (01:01,69)</i>				
5.	Lina Reber	2004	Baden-Württemberg	04:01,97	36
	<i>100m: 00:57,43 (00:57,43) 200m: 01:58,96 (01:01,53) 300m: 03:01,11 (01:02,15) 400m: 04:01,97 (01:00,86)</i>				
6.	Tessa Wolff	2001	Mecklenburg-Vorpommern	04:11,82	33
	<i>100m: 00:57,23 (00:57,23) 200m: 02:00,30 (01:03,07) 300m: 03:05,77 (01:05,47) 400m: 04:11,82 (01:06,05)</i>				
7.	Ernestine Fischer	1999	Thüringen	04:12,04	30
	<i>100m: 00:54,71 (00:54,71) 200m: 01:59,31 (01:04,60) 300m: 03:07,89 (01:08,58) 400m: 04:12,04 (01:04,15)</i>				
8.	Jette Orth	2002	Mecklenburg-Vorpommern	04:16,46	27
	<i>100m: 00:58,04 (00:58,04) 200m: 02:03,02 (01:04,98) 300m: 03:10,53 (01:07,51) 400m: 04:16,46 (01:05,93)</i>				
9.	Felicia Newerla	2005	Berlin	04:19,33	24
	<i>100m: 00:57,96 (00:57,96) 200m: 02:01,99 (01:04,03) 300m: 03:09,65 (01:07,66) 400m: 04:19,33 (01:09,68)</i>				
10.	Lena Jacke	1999	Thüringen	04:37,63	22
	<i>100m: 01:03,39 (01:03,39) 200m: 02:11,68 (01:08,29) 300m: 03:27,23 (01:15,55) 400m: 04:37,63 (01:10,40)</i>				
11.	Isa Tintemann	2004	Sachsen-Anhalt	04:40,40	20
	<i>100m: 01:02,04 (01:02,04) 200m: 02:14,91 (01:12,87) 300m: 03:30,63 (01:15,72) 400m: 04:40,40 (01:09,77)</i>				
12.	Sophie von Gynz Rekowski	2007	Sachsen-Anhalt	05:08,85	18
	<i>100m: 01:03,13 (01:03,13) 200m: 02:21,60 (01:18,47) 300m: 03:46,25 (01:24,65) 400m: 05:08,85 (01:22,60)</i>				
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	Franca Richter	2005	Sachsen		